

## TWI Cultural Humility Resource Library

Reconnect: Stories of hope, joy and resilience to help motivate your journey

\* = New resource

2022

PODCASTS/AUDIO			
Community	Topic	Resource	Link
Immigrant / BIPOC	Activism as marginalized people	The More I Knew, the Less I Knew   Immigrantly, Paula Wood and Saadia Khan	<a href="#">Link</a>
LGBTQ+	Joy, community-building & storytelling	15 LGBTQ Podcasts That'll Make You Proud Year-Round   Oprah Daily, Zoe Donaldson and Samantha Vincenty	<a href="#">Link</a>

  

VIDEOS/MOVIES			
Community	Topic	Resource	Link
All / Intersectional	Racial healing	How We Heal: Waves and Bridges   Marc Bamuthi Joseph	<a href="#">Link</a>
Intersectional	Advancing racial equity	Academia, Arts & Intersectionality   Richmond Racial Equity Essays, Dr. Chaz Barracks and Ebony Walden	<a href="#">Link</a>
Hispanic & Latino	Mental health and heteronormativity	Latino Men Try Therapy For The First Time   Pero Like	<a href="#">Link</a>
All / Intersectional	Community building across differences	The Antidote: Stories of Kindness, Decency and the Power of Community   Kahane Cooperman and John Hoffman	<a href="#">Link</a>
Hispanic & Latino	Mental wellness	Latinx Families and Mental Wellness: "La Mesa"   NAMI	<a href="#">Link</a>
Black	Community resilience	"With Love" 8 Years Strong   Black Lives Matter	<a href="#">Link</a>
People Living with Disabilities	Conquering perceived limitations	What I learned when I conquered the toughest triathlon   Minda Dentler	<a href="#">Link</a>

  

ARTICLES/BLOG POSTS			
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Black Women / Black Mothers	Reproductive justice	Birthright: The Importance and Beauty Of A Black Woman's Pregnancy Journey   Essence Magazine, Tatyana Ali	<a href="#">Link</a>
BIPOC	Art as a form of healing	How Plywood From Last Year's Protests Became Art   The New York Times	<a href="#">Link</a>
LGBTQ+	Art as a form of healing	Immersive Art Installation that Celebrates the LGBTQ+ Community	<a href="#">Link</a>
Black Children / Black Families	History and storytelling	How Alicia D Williams Is Reviving Storytelling for Black Children   Smithsonian Folklife	<a href="#">Link</a>

  

BOOKS			
Community	Topic	Resource	Link
LGBTQ+	Family and belonging	The Guncle   Steven Rowley	<a href="#">Link</a>
AAPI	Healing from nativism	Crying in H Mart   Michelle Zauner	<a href="#">Link</a>
Survivors of Assault	Healing from gender based violence	Unbound   Tarana Burke	<a href="#">Link</a>
Hispanic & Latino	Healing from nativism	Finding Latinx: In Search of the Voices Redefining Latino Identity   Paola Ramos	<a href="#">Link</a>
AAPI	Healing from nativism	The Best We Could Do   Thi Bui	<a href="#">Link</a>