## Trauma-Informed Cross-Cultural Psychoeducation Leadership Training

## Are you interested in helping improve the health of your community?

Join the Mental Health Training for Refugee & Immigrant Community Leaders

Join us for interactive workshops and build your skills in:

- Raising awareness around the impact of refugee & immigrant trauma on mental health
- Enhancing your competency for mental health and support within your community
- Promoting resiliency in refugee & immigrant communities
- Building a healing partnership between professionals and refugee & immigrant communities





Workshop Dates: Saturdays, 9am-12pm, June 30-August 4 or Tuesdays, 5:30-8:30pm, June 26-July 31

Must be proficient in English (reading and speaking).

Leadership Certificate issued upon completion of the training course.



For more information and to subscribe, email Ulises Martinez at <u>umartinez@thewomensinitiative.org</u> or call (915) 274-8512, or Megan Young at <u>megan.young@rescue.org</u>, or call (434) 979-7772 ext. 119